



“EMPOWER YOUR SELF”

*Know Your Rights
Aware About Acts
Hold Help Line Numbers*

Exclusive Rights for Women

Right to equal pay
Right to dignity & decency
Right against work place harassment
Right against domestic violence
Female Sexual assault victims have the right to keep their identity anonymous
Right to get free legal aid
Right not be arrested at night
Right to register virtual complaints
Right against indecent representation
Right against being stalked
Right to zero FIR (can be filed in any police station by the victim irrespective of their residence or the place of crime)

Acts Related to Women

AP DISHA Act -2019(Andhra Pradesh Criminal Law (Amendment) Act 2019- ensure safety and integrity of women & children
The Criminal Law (Amendment)Act 2013(NIRBHAYA Act)-stringent punishments to deal with sex crimes against women
Protection of Children from Sexual Offences (POCSO) Act 2012 – protection from offences against women & Children from sexual offences
Information Technology (IT) Act ,2000 – protection from cyber crimes against women
Prohibition of Child Marriage Act 2006 – prohibition of solemnization of child marriages
Immoral Traffic Prevention Act 1986 - suppress immoral traffic in persons and exploitation of the prostitution of others
Sexual Harassment of Women at Workplace (Prevention, Prohibition & Redressal) Act 2013 – ensures women’s safety at workplace
Medical Termination of Pregnancy Act, 1971 – reduces the occurrence of illegal abortion & consequent maternity mortality
Maternity Benefit Act 1861 - regulates the employment of women & maternity benefits mandated by law
Indian Divorce Act 1961 – allows dissolution of marriage, mutual consent, nullify of marriage judicial separation
Special Marriage Act 1954 – provides registration of marriages & provide for divorce for special form of marriage cases
Dowry Prohibition Act 1961 – taking or giving dowry is to be penalized

Women Help line Numbers

National Commission for Women (NCW)	011-26942369	26944754
Andhra Pradesh Women Commission	0863-2329090	
AP Women Protection Cell	040 - 23320539	
Women Helpline (All India) women in distress	1091	
Student / child helpline	1098	
Crime stopper	1090	
Women Helpline (One stop Crisis Centre) Domestic abuse	181	
To register complaints	112	181 1000
Mahila Mitra Mahila Rakshak Shakti Teams	100	1090 112
Download 'DISHA app'	https://www.apedu.in/2020/02/disha.app.html	

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