



FREE BONE DENSITY CAMP

ORGANIZED BY

DEPARTMENTS OF HUMAN GENETICS &
FOOD NUTRITION AND DIETETICS
ANDHRA UNIVERSITY

In collaboration with

Lions Cancer Hospital
&
Krishna IVF Clinic, Centre for Assisted
Reproduction, Visakhapatnam

Camp Details

DATE: 17-10-2025

TIME- 9:30AM TO 1:30PM

VENUE

Seminar Hall of Human Genetics Dept.
Advanced Sciences Bhavan
Andhra University
Visakhapatnam

Avail this opportunity to
assess your bone strength
and learn how to keep your
bones healthy for life!

Why it matters ?



Osteoporosis is a silent condition where bones become weak and fragile, increasing the risk of fractures, especially in older adults.

Early detection through a bone density test can help prevent serious complications.

Here's what you get!

Free Bone Density (QUS) Screening Quick and painless measurement of your bone health.

Expert Consultation

Our experienced doctor will explain your results and guide you on prevention or treatment options tailored to you.

Smart Steps For Stronger Bones

Overview of osteoporosis and bone strength.

Tips on essential foods and nutrients for bone health.

Information on exercises to strengthen your bones.

Who can attend?

- Anyone above 40 years
- Anyone with a family history of osteoporosis
- People with a history of fractures or bone pain
- Individuals on long term medications that affect bone health
- Anyone interested in learning more about bone health



REGISTRATION LINK -

<https://docs.google.com/forms/d/e/1FAIpQLSeAzpMcBu8ADRBfEuEsgivtLecj2XpUuA4gt6mqGPBAbX6E8A/viewform?usp=header>

Limited slots available - Register Now!

Take charge of your bone health today- discover your bone density, receive expert tips, and build habits for a lifetime of strength!



BREAST CANCER SCREENING PROGRAMME

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Note: Participation is limited and available on a first-come, first-served basis,

Register early to secure your spot!

Why breast cancer screening matters?

Early screening increases the chances of detecting breast cancer when it is most treatable, often before symptoms appear.

It significantly improves survival rates and contributes to better long-term health outcomes.

Regular screening promotes awareness and encourages proactive health monitoring among women.

It empowers women with the knowledge and confidence to take charge of their health.

Who can attend?

- Women aged 40 and above, regardless of symptoms.
- Women experiencing unusual breast changes or discomfort.
- Women with a personal or family history of breast cancer.
- Women who have not had a mammogram in the past year.

Benefits of getting screened

You will receive a safe, low-dose mammogram performed by skilled medical professionals.

Screening enables early detection of any unusual changes in breast health, increasing the chances of successful treatment.

Experienced radiologists carefully analyze your results to ensure accuracy and reliability.

Results are communicated promptly, with clear explanations to help you understand your health status.

If additional tests are needed, you will receive proper follow-up care and guidance every step of the way.



Your health is your power!

Take control of your health - it starts with one simple check.