Multidisciplinary Course
w.e.f. AY 2023-24
SEMESTER-I
PRINCIPLES OF PSYCHOLOGY

Credits: 2
2 hrs/week

Unit I

**Introduction:** Definition, Origin of psychology, Psychology as a scientific study of behavior, applied fields of psychology Biological bases of behaviour

**Sensory and perceptual processes:** Structure and function of visual and auditory senses; Attention: selective, sustained and divided attention. Perception: Nature and determinants; Perceptual constancies

Unit II

**Emotion and Motivation:** Nature of emotion; components of emotions. Theories of emotion: James-Lange, Cannon-Bard and Schachter-Singer. Motivation: Nature and types; Maslow’s hierarchy model

Unit III

**Individual differences:** Learning and memory: Learning – Definition, Classical and instrumental conditioning: principles of classical conditioning, schedules of reinforcement, Memory - Sensory, short-term and long-term memory; forgetting and its causes

Personality - Trait and type approaches; assessment of personality. Intelligence: Concept of IQ and measurement
Books recommended:


